

OUR BOARD THANKS YOU: Peter O'Shaughnessy, Tara Miller, Dave Wiest, Ben Brown, Gwyn Campbell, Chuck Cornell, Phil Coulling, Dolores Hamilton, Cindy Miller, Winona Pryor, and Mitch Wapner.

NEW Member: Name: _____

Address/email: _____

Dues: _____ Single \$24 _____ Family \$36 _____ YES, Apply my dues to Co-op debt fund

Current Member renewal: Name: _____

Address/email: _____

Dues: _____ Single \$24 _____ Family \$36 _____

YES, I also want to donate \$_____ to pay off the Co-op debt.

THANK YOU FOR YOUR GENEROSITY!

*** MAIL THIS COMPLETED FORM ALONG WITH YOUR CHECK MADE OUT TO HEALTHY FOODS CO-OP**



**Healthy Foods Co-op
110 West Washington Street
Lexington, VA 24450**

We Think We Can - We Think We Can



We are thrilled to welcome Hunter Mohring (formerly of Boxerwood, Yellow Brick Road, and Project Horizon) as interim Manager of the store, and to announce the promotion of Toria Brown to Assistant Manager. In addition, Claire Stieles will return for scheduled opportunities for health and beauty aid consultations.

In this - our membership renewal season, the staff and Board are looking to the future with renewed hope and enthusiasm for our little organization - the longest operating health food store in Lexington and Rockbridge County. Since 1973, we have provided our community with the choice to buy local produce as well as an array of other healthy and organic foods and products.

With this long history at our back, we now turn to meet today's needs in today's world and we welcome your thoughts and suggestions.

We also come to enlist your help in increasing the financial health of the Healthy Foods Co-op thereby keeping it vibrant and moving forward as the unique community resource that it is.

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In 2000, generous community members helped HFC finance renovations that doubled our store size. And again - just a few years ago - several brave, generous, and supportive members stepped forward with loans and matching challenges to help HFC keep our doors open and avoid bankruptcy.

Repayment is both our obligation and our honor. Even though we have made steady *I-think-I-can* repayments and our debt is greatly reduced, still we owe. And no doubt - our little enterprise would be far more vibrant were this weight lifted.

In spite of these strange economic times, we are hoping you can and will help?

Here's one way to look at it.

$$\frac{\text{Our Debt}}{\text{Our Membership}} = \underline{\$110}$$

Divide the amount of our outstanding debt by the number of Co-op member. You get \$110 per member.



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IF

Each of us would:

- **Renew our membership**
(These funds will go to the usual store needs that help us with administrative costs and provide members with discounts and specials.)
- **Consider an additional contribution**
(These funds could go toward the debt.)
- **Recruit new members**
(New members would have a choice.)



We Think We Can - We Think We Can

IF

Each of us recruited

- 4 new individual or
- 3 new family members - willing to allocate their first year's dues to our debt and then we each make a small additional donation to bring the total to \$110,

we could eliminate our debt and look forward to a lighter and brighter future.



Won't You Give A Little Push ?